

**Outaouais Ski Zone (SQA) - National Capital Division (AOA)
2010 Integrated Race Schedule**

		National Capital Division / Outaouais Ski Zone 2010 Race Schedule Zone de Ski Outaouais / National Capital Division Calendrier 2010								Local Race National/Provincial	CJP (Cadet) Camp	Ont Jr Series Other						
		FIS and Junior				K2				K1				T2				NG
		Local	Ontario	Quebec	Other	Local	Ontario	Quebec	Other	Local	Ontario	Quebec	Other	Local	Ontario	Quebec	Other	
Dec/18/09	SAT																	
Dec/19/09	SUN																	
Dec/21/09	MON																	
Dec/22/09	TUES																	
Dec/23/09	WED																	
Dec/24/09	THUR																	
Dec/25/09	FRI																	
Dec/26/09	SAT																	
Dec/27/09	SUN																	
Dec/28/09	MON																	
Dec/29/09	TUES																	
Dec/30/09	WED																	
Dec/31/09	THUR																	
Jan/01/10	FRI																	
Jan/02/10	SAT																	
Jan/03/10	SUN																	
Jan/04/10	MON																	
Jan/05/10	TUES																	
Jan/06/10	WED																	
Jan/07/10	THUR																	
Jan/08/10	FRI																	
Jan/09/10	SAT								Camp Fortune SL									
Jan/10/10	SUN	MSM GS							MSM GS									
Jan/11/10	MON																	
Jan/12/10	TUES																	
Jan/13/10	WED																	
Jan/14/10	THUR																	
Jan/15/10	FRI																	
Jan/16/10	SAT				CJP Chanteclair SL				Coupe Taschereau Cup Mont Tremblant									MSM
Jan/17/10	SUN									MSM GS					Vorlage GS			
Jan/18/10	MON																	
Jan/19/10	TUES																	
Jan/20/10	WED																	
Jan/21/10	THUR																	
Jan/22/10	FRI																	
Jan/23/10	SAT				CJP Edelweiss Slalom					Calabogie GS								
Jan/24/10	SUN													ASM @ CF Stubby SL				
Jan/25/10	MON																	
Jan/26/10	TUES																	
Jan/27/10	WED																	
Jan/28/10	THUR												MSM					
Jan/29/10	FRI									Speed Camp								
Jan/30/10	SAT				CJP MSM GS										Vorlage SL			
Jan/31/10	SUN									Cascades SL								Vorlage
Feb/01/10	MON																	
Feb/02/10	TUES																	
Feb/03/10	WED																	
Feb/04/10	THUR																	
Feb/05/10	FRI		Cascades SL															
Feb/06/10	SAT									Descente Mixed Gate SL Jeux de Quebec							Le Relais Defi Alpin	
Feb/07/10	SUN									Calabogie GS								

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		FIS and Junior				K2				K1				T2				NG	
		Local	Ontario	Quebec	Other	Local	Ontario	Quebec	Other	Local	Ontario	Quebec	Other	Local	Ontario	Quebec	Other	NG	
Feb/08/10	MON																		
Feb/09/10	TUES																		
Feb/10/10	WED	Calabogie				Calabogie		Camp vitesse K2 elite Mont-Edouard											
Feb/11/10	THUR	Speed Camp				Speed Camp													
Feb/12/10	FRI																		
Feb/13/10	SAT	Art Tommy Memorial Calabogie				Art Tommy Memorial Calabogie													
Feb/14/10	SUN													MSM GS				Descente	
Feb/15/10	MON																		
Feb/16/10	TUES																		
Feb/17/10	WED																		
Feb/18/10	THUR																		
Feb/19/10	FRI																		
Feb/20/10	SAT									Vorlage Full Gate SL									
Feb/21/10	SUN					Cascades SL				Acad. Ste-Marie GS									
Feb/22/10	MON																		
Feb/23/10	TUES																		
Feb/24/10	WED																		
Feb/25/10	THUR																		
Feb/26/10	FRI																		
Feb/27/10	SAT	Anne Heggtveit - Ont. Jr. Champ.		CJP Val Ste. Come GS	FIS Camp Fortune			Critérium Sports Experts K2 Provincials Estrie		Championship (Day 1) Cascades Full Gate SL									
Feb/28/10	SUN	Camp Fortune												Edelweiss Kombi				JTM Vorlage	
Mar/01/10	MON																		
Mar/02/10	TUES																		
Mar/03/10	WED					QUEBEC SCHOOL BREAK										QUEBEC SCHOOL BREAK			
Mar/04/10	THUR									Ontario K1 Provincials			QUEBEC SCHOOL BREAK			QUEBEC SCHOOL BREAK			
Mar/05/10	FRI									Devils Glen									
Mar/06/10	SAT					FIS GMC Cup Camp Fortune		Edelweiss SL						Championship Vorlage SL					
Mar/07/10	SUN							Calabogie GS		Championship (Day 2) MSM GS				ASM @ CF GS					
Mar/08/10	MON																		
Mar/09/10	TUES																		
Mar/10/10	WED																		
Mar/11/10	THUR																		
Mar/12/10	FRI							Ontario K2 Provincials Calabogie											
Mar/13/10	SAT	Championship Camp Fortune GS								Championnat K1 Provincials MSM								Camp Fortune Invitational	
Mar/14/10	SUN	Championship Edelweiss SL								Académie Ste. Marie									
Mar/15/10	MON																		
Mar/16/10	TUES					ONTARIO SCHOOL BREAK										ONTARIO SCHOOL BREAK			
Mar/17/10	WED																		
Mar/18/10	THUR																		
Mar/19/10	FRI																		
Mar/20/10	SAT																	Québec Régroupement I2	
Mar/21/10	SUN																		
Mar/22/10	MON																		
Mar/23/10	TUES																		
Mar/24/10	WED																		
Mar/25/10	THUR																		
Mar/26/10	FRI																		
Mar/27/10	SAT	Club MSM Grand Prix	CFSC	CJP Bromont Finals		Club MSM Grand Prix	CFSC	Classique Val d'Irene		Club MSM Grand Prix	CFSC	Classique Val d'Irene		Club MSM Grand Prix	CFSC				
Mar/28/10	SUN		Skimeister				Skimeister				Skimeister				Skimeister				

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		FIS and Junior				K2				K1				I2				NG
		Local	Ontario	Quebec	Other	Local	Ontario	Quebec	Other	Local	Ontario	Quebec	Other	Local	Ontario	Quebec	Other	NG
Mar/29/10	MON																	
Mar/30/10	TUES																	
Mar/31/10	WED																	
Apr/01/10	THUR																	
Apr/02/10	FRI																	
Apr/03/10	SAT													CAN AM K1 Surgarloaf ME				
Apr/04/10	SUN																	
Apr/05/10	MON																	
Apr/06/10	TUES																	
Apr/07/10	WED																	
Apr/08/10	THUR																	
Apr/09/10	FRI																	
Apr/10/10	SAT					Whistler Cup					Whistler Cup							
Apr/11/10	SUN																	
		OSZ-NCD Races				Camps, Cadet Cup, Provincial, National				Local Race Days								
		Junior	K2	K1	I2	NG	FIS	Junior	K2	K1			Junior	13				
Acad. Ste. Marie				Jan. 24 Feb. 21 Mar. 14	Mar. 7					Mar. 14			K2	10				
Calabogie		Jan. 23 Feb. 12-14 Mar. 7 Mar. 10-13	Feb. 7					Feb. 10-11					K1	8				
Camp Fortune		Feb. 27-28 Mar. 13	Jan. 9			Mar. 14		Feb. 27-28 Mar. 5-6					I2	6				
Cascades		Feb. 5	Jan. 31 Feb. 21	Feb. 27									NG	5				
Descente				Feb. 6		Feb. 14												
Edelweiss		Jan. 23-24 Mar. 14	Mar. 6		Feb. 28			Jan. 23-24										
Mont Ste. Marie		Jan. 10 Jan. 30-31	Jan. 10	Jan. 17 Mar. 7 Mar. 12-13	Feb. 14	Jan. 16		Jan. 30-31		Jan. 28-29								
Vorlage				Feb. 20	Jan. 17 Mar. 6 Jan. 30	Jan. 31 Feb. 28												